

ISSUE HIGHLIGHTS

LETTER FROM
REV. KRISTA FREGOSO

LETTER FROM
REV. JEFFREY DODGE

DID YOU KNOW?

REFLECTIONS

AGING WELL

WELCOME LARRY
CRUMMER

THANK YOU FROM
DWIGHT STONE

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RUMMAGE SALE

ANGEL TREE

TRINITY CENTER

JUST A REMINDER!



The Epistle

Celebrating Family, Community, God's Abundant Love For All
October/November 2018



Volunteer Appreciation Day 2018



Thanks to all our volunteers for all they do. We, St. Paul's Staff, appreciate you!

From the Desk of Rev. Krista



Dear People of St. Paul's,

I am pleased to announce this year's theme for the Stewardship campaign, "Journey to Generosity." This theme is very timely in the Fregoso household because we are at the starting point of a new expedition or a new chapter in our lives right here in Walnut Creek and with you! The same is true for you, too. Together we are writing what the next chapter of St. Paul's will be.

I truly believe we couldn't have gotten off to a better start. It has been great fun connecting with many of you and I look forward to the many dinners and lunches we have planned in October. I appreciate the warm welcome you have extended this past month not only to me and my husband but also Bishop Marc and Larry Crummer, our new interim music minister, and St. Luke's parishioners who have come to join us.

It was a great start, but that doesn't mean that there were not bumps in the road. It seems like the whole multitude of God's creatures wanted to greet me in our chapel. Part of this welcoming committee included the mice that had taken up residence under the chapel, the possums looking for refuge on our grounds because of the construction in the neighborhoods, and the fleas who decided our chapel was a great place to raise their families. Don't worry, we have redirected all of God's creatures to a better place to live, and I hope that by the time you are reading this letter the chapel will be open once again.

Never once did I feel like I was alone trying to figure out how to navigate these bumps when I was so new to St. Paul's. So many people stepped up to help out. That is what I have seen as St. Paul's greatest gift, your willingness to jump in and to help out. It seems as though St. Paul's already understands deeply the nature of generosity.

I am so proud to be part of this community. I am ready to see where this next chapter takes us. I am ready to give my time, my vision, my resources, my all into what St. Paul's will be and I invite you to join me in this endeavor.

Many prayers,
Rev. Krista

Krista D. Fregoso

**Stewardship is a journey that is grounded in gratitude,
revealed in prayer, lived in faith.**

Bounty, by K. Miller and S. McKenzie

Put these important dates on your calendar

Sunday, October 21 – Stewardship Brunch
Sunday, November 11 – Pledge Ingathering

From the Desk of Rev. Jeff



Dear St. Paul's,

I continue to find myself more and more a gardener, something that still shocks my parents after my childhood performance of yardwork. This year, I put out fresh topsoil and have been watering the plants regularly in the front yard.

For some strange reason, my honeysuckle plant has fresh blooms on it, even as fall begins! (Who knew?!) The blooms not only make it prettier, there are now hummingbirds gracing the place. The whole ecosystem benefits!

A gardener is a vital part of the process of healthy, blossoming plants. We have to take the time and invest the resources into care for plants to make them thrive. We see the results of our fabulous gardeners every time we walk on campus.

We are all gardeners of the church family. St. Paul's needs our care for it to be what it is meant to be, to grow as it is meant to grow, and to give back to others the way it is meant to give back.

Another word for gardener is steward. A steward is a caretaker, a guardian, a nurturer. St. Paul's is vital to Walnut Creek. Not only do we do amazing work to love and care for each other and the wider community, we are a spiritual oasis in a desert of consumerism and ever-widening disparagement of wealth, which lead to increased isolation, fear, and loss of community. Therefore, we are stewards of this garden in the desert. The fruits of our nurture? Attendance is up, new families with children are joining us at Noisy Mass, small groups are getting to know Rev. Krista, and new opportunities for education are opening up. Imagine the harvest we're about to reap!

This is what we mean when we trot out the stewardship campaign each year. We are reminding ourselves of why we support this place with our time, our gifts, our resources, and most of all, our love and care. We nurture the life of God in Walnut Creek when we are faithful stewards of this garden. As a result of the nutrients of our support, we care for each other and for the needs of those outside our walls, and bring the blooms of life that are a result of our relationships with God.

This is why we give. This is why we volunteer. This is why we show up. God is here with us, cultivating in us the stories and skills needed by the world to bring life and vitality through beloved community. Just as blooms in fall remind us that death is not the final word, so the Spirit reminds us that our work as caretakers of God's garden is found in how we nurture Walnut Creek through our nurture of St. Paul's.

This is what we mean by describing St. Paul's as Deep Roots, Living Faith, and Growing Community. That is what our stewardship provides. Thank you for your faithful stewardship. May we continue to find ways to further grow this garden of God's love in Walnut Creek!

Gratefully,
Rev. Jeff Dodge

Did You Know?

Did you know the reason we bring the gifts and offering up to the altar? That is because the earliest Eucharists were potlucks where people brought the food to the meal as offerings to God. Hence why we say "Christ our Passover is sacrificed for us. Therefore let us keep the feast."

**Bishop Marc's visit
September 2, 2018**



FALL FORUM
Did you know that Paul and James
disagreed about how to follow Jesus?
Come find out more at the Fall Forum!

Reflections on General Convention 2018

The General Convention (GC) of the Episcopal Church is the governing body of the Episcopal Church. It is a bicameral legislature that includes the House of Deputies, which has more than 800 members and the House of Bishops, comprised of nearly 300 active and retired bishops. The GC has the authority to amend the Constitution and Canons of the Episcopal Church, adopt the budget for the next three years, authorize liturgical texts, and amend the Book of Common Prayer, as well as other matters.

The 79th General Convention was July 5 through 13, 2018 in Austin Texas. Because I am the author of Resolution C020 to advocate for national action to address the climate crisis, and was attending for the first time, I registered as a visitor. With the support of our parish and Deanery, the resolution passed at our Diocesan Convention in October 2017, to go on to GC.

I am pleased that Resolution C020 Carbon Tax did pass, as amended, along with a dozen other resolutions on Environmental Stewardship and Care of Creation. These were just a fraction of more than 400 resolutions that were considered, discussed, prayed about and voted on during convention. A few of the key issues addressed at GC were: immigration, prayer book revision, and readmitting the Episcopal Church of Cuba as a Diocese – I was in the House of Bishops for that one! With much debate, the Episcopal Church voted to begin revising its Book of Common Prayer to move toward more inclusive language for God. The convention also passed a \$134 million budget that reflects for a further three years the Presiding Bishop's priorities of evangelism, racial reconciliation and creation care.

The nine days I spent at GC were educational, intense and often emotional; people gave heartfelt testimony on many initiatives. There was daily worship, including a revival led by Presiding Bishop Michael Curry, who also preached and/or presided every day, often breaking into a hymn, turning everything into church.

See the Episcopal News Service and our Diocesan newsletter, DioBYTES, for reports on these and much more GC action.

<https://www.episcopalnewsservice.org>

Emily Hopkins

Aging Well

Flu Season Is Upon Us!!!

Be sure to get your flu shot. They are available at most pharmacies and doctors' offices. Medicare and most insurances pay for them. There are two types of vaccines: a high dose for anyone 65 or older and a regular dose for ages 6 months to 65 years. The vaccine takes about two weeks to work so be sure to get immunized before flu season is in full swing. The Center for Disease Control (CDC) recommends you get vaccinated by the end of October, but the sooner the better. Help out yourself, your coworkers, your family, your friends, your church and the planet. GET A FLU SHOT!

Susan Burpee

Welcome Larry Crummer **Interim Director of Music Ministries**

I am delighted to announce that Larry Crummer will be our interim music minister. Larry was until recently at St. Luke's in Rossmoor and has been an organist choirmaster here at St. Paul's in the past.

Larry is a very talented teacher and organist. He received his doctorate of music from Indiana University and has an extensive background teaching about church history. In 2010 Larry retired and has spent time traveling on cruise ships where he was on staff lecturing on mosaics and the historical significance of the cruise ship destinations.

Rev. Krista



“Thank you” From Dwight

Thank you for a glorious send-off and all the well wishes. It felt so good to be acknowledged on the last two Sundays of my service at St Paul’s. And it was beyond expectation to be given a blessing by our Bishop Marc.

After close to five years, I do feel as though we have become family. I know that we will continue to see each other off and on.

My new position at Trinity Lutheran Church in Pleasanton appears to be very rich and rewarding. I’ll know more after the first month, but all the interactions I’ve had so far have been very positive.

I am leaving you in good hands in the music department with Deborah Webster (also at the helm of Worship and Music), Larry Crummer as interim organist, and a solid team producing St. Paul’s Concert Series. And I sense we can all breathe easier now that our long-awaited Rev. Krista is here.

I am sure there are many things which I will miss. Things which come to mind are the choir members and the joyful noise we have made, Marina’s exquisite voice, and the amazing brass players! I will also miss the instruments and the acoustics in the main Church, and the charm of the Chapel setting. And I’d say Family Camp on the Eel River, except that I’m likely to continue coming! :-)

I’ll be coming to hear Robyn Carmichael on Sept. 22nd. I also have concerts coming up:

- October 5th at Grace Presbyterian Church, 2100 Tice Valley Blvd. WC, with the CCPAS (Performing Arts Society) Piano Composers’ Group, 7:00 p.m. Free.
- October 12th in Rossmoor, Dwight’s Annual Birthday Concert, with friends Dick Bertrand, pianist; The Neo Trio (Nika Rejto, flute, and Carol Kessler, soprano), and more. Refreshments will be provided, 7:00 p.m. Free.

Again, thank you for all you have given me during my tenure here. I am glad for our time together.

**Best wishes and blessings,
Dwight Stone**

Things St. Paul’s People Like To Do

Have Passport, Will Travel

Many years ago, after a downpour in Kenya our rented VW Bug couldn’t make it through a flooded concrete ford in the deserted road. As we sat there trying to decide what to do several Kenyan men suddenly appeared, assessed the situation, and offered to help us by pushing our car to the other side of the ford. All they asked for was a lift to the next village. This was one of many memorable experiences, often involving some form of transport, that we’ve had on our travels.

We think that planning a trip is half the fun of traveling: reading travel guides, researching online, talking with friends who’ve been where we’re planning to go, deciding what we really want to see and do. For Dave and me, working out these details is part of the adventure. Traveling in Africa and Asia in the late 1970s and early 1980s required visas and up-to-date health cards. Some countries weren’t safe for U.S. citizens and were off the then beaten track. Sometimes we were in popular places, other times we seemed to be among the few Americans there.

We’ve navigated subways in Tokyo, taken a long afternoon trolley ride in Hong Kong, ridden in pedicabs and recycled, gaily painted, and decorated U.S. school buses in Latin America, used a horse drawn taxi in Cuba, sailed in a felucca on the Nile, flown in small commuter planes in Alaska, and traveled from Nairobi to Mombasa on an overnight train, as well as taken numerous local ferry rides on five continents.

While our experiences have been mostly positive there have been some frustrations too: long waits for buses, less than stellar accommodations, unexpected road or border closures. Despite any inconveniences, meeting and interacting in the daily lives of people who live where we’re visiting, and seeing and doing what we want to do at our own pace make the extra preparation and work of doing it ourselves worthwhile.

Sherry and Dave Mattern

Vestry Highlights

July 17 and August 20

- In July, Rev. Jeff conducted an interactive exercise in Vestry Covenant and Communications Plans.
- Rev. Krista's first Sunday was confirmed for August 5.
- Emily Lagrone began a discussion on "What it means to be a member of St. Paul's."
- Molly Clopp gave a general update on the status of St. Paul's Commons.
- In August, Rev. Krista announced that Dwight Stone, Minister of Music, had found a new position with Trinity Lutheran Church in Pleasanton. (His recognition event will be Sunday, September 2, and his last official Sunday September 9, the day of the Bishop's Visit.)
- A search committee guided by Deborah Webster has been formed to select an interim musician, and to fill our permanent position.
- Flea treatment of the chapel continued through August and into September.
- Rev. Krista has conducted one-on-one "open door" meetings with individuals who wish to meet with her. Dinner/dessert/brunch events were proposed, and a schedule was developed by Amanda Cruz to facilitate the formation of groups to meet with Rev. Krista.
- At the Bishop's visit to St. Paul's on Sunday, September 9, two individuals, Jessica Beerbaum and Jim Ward, will be received into the Episcopal Church.
- Church financial reports indicate that the deficit originally projected for the end of this year is gradually decreasing.
- The kitchen is slated for upgrades to yield a commercial grade kitchen.
- Minutes of all Vestry meetings are available in a binder located in the Parish Hall. Financial statements are published in weekly announcement sheets in the Sunday service leaflet.

Sheri Grosjean

St. Paul's Concert Series

Marina Tolstova Benefit Concert and Dinner

What a voice! What talent all-around! On Saturday, August 25 Marina Tolstova treated St. Paul's to a fabulous performance at St. Paul's Concert Series, Concert and Dinner Benefit for Trinity Center. In her program, appropriately called "Ave Maria", Marina started with a beautiful arrangement of "Ave Maria" by Angelo Mascheroni with violin, organ and piano. Marina was joined by alto Joyce Pricco, singing "Ave Maria" by Saint-Saens; another "Ave Maria" arrangement by our own Pete Banwell; and other favorites like "Pie Jesu" (Webber) and "Panis Angelicus" (Frank). Marina then introduced Anna Kusner, guitarist, who, with Marina, played our heart-strings with "Bachianas Brasileiras No.5" by Villa Lobos, an incredibly sweet and beautiful piece. Marina included the light and airy "Les Filles de Cadix", and finished with "Your Dark Eyes", for which she wrote the lyrics and collaborated with Tanya Heeb on the music. Marina gave one encore of "Summertime" (Gershwin) to a standing ovation. What a night!

Marina collaborated with Donna Colombo to produce this Dinner/Concert event. The concert drew \$1,310 in donations to Trinity Center! Thank you, Marina and Donna!



Picture caption:

James Greening-Valenzuela, violinist

Marina Tolstova, Soprano

Joyce Pricco, Alto

Nadia Blank, Organist

Simona Snitkovskaya, Pianist

In Front: Anna Kusner, Guitarist

Deborah Webster

Liturgy Summit

On Saturday, September 16th, 30 parishioners attended our Third Annual Liturgy Summit. Rev. Jeff MC'd the event, narrating us through our liturgical practices as we held a Eucharist. Worship committee members were requested to participate, and all members of St. Paul's were invited to attend. Everyone in attendance learned more about our liturgy, and feedback of the event has been very positive. Comments from the attendees included, "It was wonderful that both the 7:30 and 9:30 services were so well represented", "I had no idea that I would learn so much about what everyone else does during the service", "It was an enriching experience", "It was so wonderful to share how our involvement in the worship service enriches our own lives", "Wonderful gathering", and more! If you missed it, please watch for our announcements for our Fourth Annual Liturgy Summit next September.

Worship Committees include Altar Guild, Flower Guild, Ushers, Cup Bearers, Readers, Musicians/Choir, Healing Prayer, Prayers of the People Authors, Sound Engineers, Bread Bakers, Vergers, Sub-Deacons, Acolytes, and of course, Clergy.

If you are interested in getting more involved in one of the Worship Committees, please contact Deborah Webster worship@stpaulswc.org, Rev. Jeff jdodge@stpaulswc.org, or Rev. Krista kfregoso@stpaulswc.org, or call the office at 925-934-2324.

Deborah Webster

A special Thank You to
Sheri Grosjean
for all her help in producing
this issue of the Epistle.

St. Paul's Committees

A Ministry of Compassion and Inclusion

Have you been searching for a ministry to which to dedicate yourself? Are you looking for a way to "plug in" at St. Paul's in a meaningful way? Consider becoming a Lay Eucharistic Visitor, a ministry of compassion and inclusion.

Lay Eucharistic Visitors, known as LEVs, are the bridge between Sunday services and those who cannot attend, by bringing communion to homebound or hospitalized parishioners. These visits include an abbreviated service using the day's readings and prayers, as well as time for visitation.

Following are the thoughts of our LEVs:

Carol Glass: "Taking communion to shut-ins brings to them Christ's abiding love and connection to St. Paul's family. In return, they feed me with their deep faith. It is a two-way blessing."

Peggy Shockley: "Being a LEV at St. Paul's has always given me joy. When I walk away from a visit with one of our LEV people, I am thankful that I had the chance to go, to share communion and something of the service with them."

Mike Siebert: "After 19 years on the LEV ministry, I believe I am blessed and inspired by the people I am privileged to bring communion to each week. Their experiences, wisdom, gratitude and love never cease to amaze me, and what a wonderful way to keep in touch with them, and them with us. Sunday Church would not be complete for me without the blessing of seeing, learning from and serving these wonderful people."

Chuck Glass: "The connection with the Church is very important. Gratitude for our visits is impressive."

Training to become a LEV is extensive but manageable with the support of clergy and designated lay leaders. It requires six to eight weeks of preparation before licensing. Licensing takes place at a one-day diocesan training, during which license certificates are received.

If you are interested in becoming a Lay Eucharistic Visitor, contact:

Peggy Shockley at lmashockley@gmail.com
or Rev. Krista at kfregoso@stpaulswc.org

Sheri Grosjean and Peggy Shockley

Family Camp

St. Paul's Family Campers ate well in July. Lots of wonderful cooks were on hand to create the big meals we all enjoy – barbecued oysters, tri-tip and chicken, Kelly's famous Cuban dinner, salad, veggie dishes and pastas of many creative kinds. Having fun in the kitchen is just one "chore" that makes CAMP such a wonderful experience. Besides St. Paul's we had campers from our extended families who came from San Diego, New Jersey, San Francisco and the whole Bay Area.

The Eel River cooperated beautifully and had just the right amount of flow and enticing swimming holes. Jumping off the "big rock" into the river provided many afternoons of happy splashing.

The latest innovations were a new shower enclosed in our spacious "tent" with nice warm water 24/7 ...AND...excursions to the Dean Creek Campground swimming pool. The pool is just up the road and ideal for those adults who enjoy a placid cooling off spot without the excitement of the river. Both were just lovely!

Then there's music around the campfire, movie nights under the stars, crafts, and our famous skit night, Peet's coffee, and a daily happy hour gathering us together (ask about yardarm). A most special event was our Sunday Eucharist, Rev. Jeffrey Dodge presiding.

The year 2019 will mark FIFTY YEARS OF CAMPS!!! We are planning a special dinner and picture night May 4th to celebrate. So mark your calendar as soon as you get it.

Anne Morton



Rummage Sale

Here we are again, the fall rummage sale! The sale will be held November 3rd and 4th. Mark your calendars for the parish-only preview to be held November 2nd @ 7:30 p.m. Rummage may be dropped off on Sunday mornings (no later than 11:30).

For the collection – we request:

- Only items that have been gently worn or are in good condition
- Bring small furniture and large items to the Parish Hall only between October 28th and November 1st.
- Only appliances in working order
- NO CRT monitors, computers or TVs - these don't really sell and are difficult to dispose

Set up will begin on October 28th and signups for volunteers will be in the Parish Hall on October 7th. We appreciate all donors, helpers and shoppers who help raise badly needed funds for various non-profit organizations!!

Leslie Dawson

Angel Tree

Gifts and Food for Those in Need

The Angel Tree provides Christmas gifts and dinner for families and individuals who otherwise cannot afford these extras. The tree will be set up November 18th. Each "ornament" will contain a number and information for a needed gift or food card. Here are the simple steps:

1. Pick up an ornament (or two!) and sign your name on the associated number line of the master list – very important
2. Purchase the gift card(s)
3. Attach the ornament to the card/envelope
4. Deliver to St. Paul's no later than 12/2

Please provide gift cards to allow parents to shop for their children and for the family's favorite Christmas dinner. This is an extra special benefit that many of these parents/individuals do not get to experience often.

Please help us spread the spirit and experience of Christmas to those less fortunate.

If you have any questions, please call **Leslie Dawson** 925-586-2396 or Mary Waddington 925-939-2304

News From Trinity Center

Nathalie Sterne:



A Bitter-Sweet Farewell

Nathalie Sterne has been a great addition to the Trinity Center team, and although we are so sad to see her go, we are very excited for her new adventure! Nathalie will continue serving the homeless population as she transitions to her position as Homeless Services Specialist under the Health Care for the Homeless program for Contra Costa County. As her position will be mobile, we hope she is able to stop by for a visit with our members at Trinity Center! Thank you for your service and we wish you only the best with your new venture. We will miss you!

Welcome to the Team!

Pam Arend McGrath:



Pam Arend McGrath will be joining Trinity Center to assist in areas of general support as well as be supervisor of our evening program at the armory. Pam is a mid-westerner who left the family farm to study and travel abroad and all over the U.S. before landing in the Bay Area. She has appreciated experiencing many flavors of life. She is proudly passionate about advocating for vulnerable people and helping create pathways for equity and dignity. Pam has done this through her work in corporate and non-profit finance and management. Whether working on processes, policy or boots on the ground advocacy, she is bolstered by her firm belief that every person is worthy of support and capable of taking their own next step toward success.

Jeffrey Remis:



If you have come by Trinity Center recently, you will have noticed we have a new face at our front desk to greet you! Jeffrey Remis comes to us with experience consulting for Fortune 50 corporations and government agencies, and has taught art, yoga, spiritual development, and computer classes for local organizations. Jeff has mostly completed his credentials in adult education, and headed curriculum development for 18 months at a Walnut Creek church. He enjoys jazz, wilderness journeys and helping people become happier and healthier. Welcome, Jeff!

Mark Your Calendar!



The Harvest Festival Dinner and Auction to Benefit Trinity Center is being hosted by St. Anselm's Church on October 6th starting at 5 p.m. For each of the last two years, this event has raised more than \$50,000 for the Winter Shelter program. All net proceeds will go to the Trinity Center Winter Shelter program to help provide shelter and food for up to 50 people protecting them for over four cold and wet months. Please visit <https://trinitycenterwc.networkforgood.com/events/8383-harvest-festival> for more information regarding tickets (\$50/pp) and donations!

Donna Colombo and Jenny Quijada



More Volunteers



Bylaws

4.2 Tasks of the Nominating Committee. At the first vestry meeting in November of each year, the Nominating Committee shall present a slate of candidates for election to the Vestry and election as delegates/alternates to the Diocesan Convention. The Committee shall submit at least one candidate, and preferably two, per vacancy to be filled on the vestry. Parish members wishing to serve as candidates may submit their names to the Committee before October 15 and, if they are eligible under Section 4.3 of these Bylaws, their names will be included on the slate. Members of the congregation may submit names to the committee sixty days before the parish meeting date as well, and, with those persons' agreement and eligibility under Section 4.3, their names will also appear on the slate. The slate shall be published to the parish at least forty-five days before the annual parish meeting.

During the month of September this section of the Bylaws, Section 4.3, shall be published at least once in the Epistle (bi-monthly Parish newsletter) and in the parish Announcement Sheet (weekly information leaflet). (Amended by the congregation at the Annual Meeting January 21, 1996)

4.3 Eligibility of Nominees. All nominees for election as vestry members or delegates/alternates to the Diocesan Convention shall be communicants in good standing registered in the parish for at least one year, age eighteen or over, and regular contributors to the support of the parish as confirmed by the pledge treasurer.

A retiring or resigning vestry member may not again serve on the Vestry until one year has elapsed, except that a member completing less than two years of service may be elected for a full term. Incumbent delegates/alternates to Diocesan Convention may again be nominated and elected as delegates/alternates on expiration of their terms. (Amended by the congregation at the Annual Meeting January 27, 2008)

All Saints' Day November 4, 2018

All Saints' Day will be celebrated on Nov. 4, 2018. This year, we will again invite parishioners to submit the names of those who have died so they can be remembered at the service. The names of all of those will be printed in the bulletin on Nov. 4. Also, this year we will have a table in front of the altar and folks will be invited to come forward and place photos of loved ones on the table.

All Saints' Remembrance

If there is a person(s) you wish to have remembered on All Saints' Sunday (Nov. 4), please write the name(s) below. Please mail or email info@stpaulswc.org no later than Thursday, October 23rds. These names will appear in the service leaflet on All Saints' Sunday, and will be read during the Eucharist at the Prayers of the People.

Please PRINT the names carefully.

Names of those to be remembered: _____

Your Name: _____

Phone Number: _____

Just a Reminder!!

Winter Nights

Needs Traveling Tutors

The next session of WINTER NIGHTS starts in October. The children are helped with their homework Monday through Thursday each week by tutors that come to the host site on their designated day from 5 p.m. to 8 p.m. Dinner is included. If you are interested in being a part of this program and have an evening free, please contact Harry Miller at harrym@mduuc.org. He also needs substitutes.

Fall Forum: James and Paul: Two Perspectives, One Gospel

Have you ever heard the story about the division in the early Jesus Movement? The one between James, Jesus' brother, and Paul, the Pharisee who never met Jesus prior to the resurrection? Ever wondered why we split from Judaism in history? Want to explore how these two central apostles can teach us about how to coexist peacefully with people with whom we disagree? Join us for this fall's eight-week Wednesday night forum, 6:30-8 p.m. with Rev. Jeff in the Parish Hall, with potluck dinner. Childcare is provided. We start Wednesday, October 3rd!

2018 Women's Retreat

The 2018 Women's Retreat is October 26-28 at Villa Maria Del Mar.

We need your help with retreat planning, sign-ups and music.

If you would like to help, contact Sara at the office 925-934-2324.

The 2019 Women's Retreat will be at Bishop's Ranch, November 15-17.

St. Paul's Concert Series

October 20th: Temirzhan Yerzhanof, Rachmaninoff, Tchaikovsky, Schumann, Greig, Chopin

November 10th: ARI Ensemble, Classic Favorites

The Dialogue

With all the craziness of life, come join us for a casual, intimate worship experience! Share your sacred story with your neighbors, do some art, sit in meditation, and see how we share in the story of God. Invite a friend! Contact Rev. Jeff if you'd like to help with setup or have any questions. jdodge@stpaulswc.org

Just a Reminder!!

Honduras Mission Trip

As many of you know, a group of us has gone to a small church on the outskirts of Tegucigalpa, Honduras for the last 10 years. We have helped with many projects, vacation Bible school and, most important, building community. We leave on Epiphany Sunday night and return 10 days later. This allows extra time to take the children on an outing, worship with the community on Sunday and explore some place around Tegucigalpa.

We invite you to come with us to meet our amazing friends at San Juan Evangelista. During our next trip, we will celebrate Esmeralda's ordination as a Deacon.

Please join us on Wednesday, October 10 at 6:30 p.m. in the conference room behind the church office. Pizza will be served. You may contribute a side dish or dessert.

St. Paul's Book Groups

The afternoon book group will meet on October 11th at 1:30 to discuss *A Gentleman in Moscow* by Amor Towles. We meet in the conference room behind the church office. Newcomers are welcome. For more information please contact Susan Penn at 925-934-6963 or susanfpenn@gmail.com.

The evening book group will meet the third Thursday of each month, In October we will meet on the 18th at 7:00 p.m. in the Family Ministries Center. Our book is *Killers of the Flower Moon* by David Grann. The book investigates a series of murders of wealthy Osage people that took place in Osage County, Oklahoma in the early 1920s—after big oil deposits were discovered beneath their land. Officially, the count of the murdered full-blood wealthy Osage native Americans reaches at least 20, but Grann suspects that hundreds more may have been killed because of their ties to oil. This was also the beginning of the FBI. For more information contact Walt or Sue Busenius at 925-945-0715.

Holy Creator, make us Holy.

Holy Redeemer, make us Holy.

Holy Sanctifier, make us Holy.

Holy God, make us whole.

Adapted from *An African Prayer Book*, Desmond Tutu

The Epistle Team wants to hear from you...

What would you like to see in the Epistle? Send suggestions, articles and other items to Epistle@stpaulswc.org or contact Rhea Williams at johnrheawill@gmail.com

See website for full calendar of events.

St. Paul's Clergy and Staff

Rector

The Rev. Krista Fregoso.....kdfregoso@stpaulswc.org

Associate Rector

The Rev. Jeffrey A. Dodge.....jdodge@stpaulswc.org

Deacons

The Rev. Donald Adolphson, Deacon Emeritus.....dadolphson@stpaulswc.org

The Rev. Laina Wood Casillas.....lcasillas@stpaulswc.org

Parish Administrator

Sara O'Bryansobryan@stpaulswc.org

Office hours Monday—Friday 8-4:30 p.m.

Interim Music Director

Larry Crummer.....lcrummer@stpaulswc.org

Facilities Manager

Bev Price.....facilitymanager@stpaulswc.org

Vestry

Senior Warden	Jim Bell	seniorwarden@stpaulswc.org
Junior Warden	Pete Smyth	jrwarden@stpaulswc.org
CFO	Jennifer Machado	cfo@stpaulswc.org
Clerk	Frances Sturgess	clerkofthevestry@stpaulswc.org

Ministry Teams

To join a team, contact the Vestry Liaison listed.

Administration		
Christian Formation	Amanda Cruz	christformation@stpaulswc.org
Communication	Emily Hopkins	communication@stpaulswc.org
Outreach	Maureen Horton	outreach@stpaulswc.org
Worship	Deborah Webster	worship@stpaulswc.org
Membership & Church Growth	Emily Lagrone	churchgrowth@stpaulswc.org
Parish Life	Julie Layne	parishlife@stpaulswc.org
Pastoral Care	Jeff Dodge (Staff)	jdodge@stpaulswc.org
Property	Frank Holbrook	property@stpaulswc.org
Vestry at large	Sheri Grosjean	search@stpaulswc.org
Stewardship/G&M	Richard Colombo	stewardship@stpaulswc.org
Personnel	Pete Smyth	personnel@stpaulswc.org
Music	Deborah Webster	musicliaison@stpaulswc.org
St. Paul's Commons	Jim Bell	seniorwarden@stpaulswc.org
Epistle Team	Rhea Williams, Sara O'Bryan, Ned Soares	epistle@stpaulswc.org



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