

# THE EPISTLE

ST. PAUL'S EPISCOPAL CHURCH, WALNUT CREEK | JANUARY/FEBRUARY 2021



## A Note From The Reverend Krista Fregoso

They say hindsight is 20/20, but I cannot wait until 2020 is more than just hindsight! I think you'll all agree with me: *What a year.*

This year did give us a new lens to see our world. It didn't expose anything new but it did clarify things. Suddenly, we clearly saw the inadequacies and inequalities of this world in a new and sobering light. We felt the isolation and saw first hand the divisions in our community. For some of us, it helped us illuminate what priorities have been amiss in our lives and to refocus.

It was a little like sitting at the eye doctor going through lens after lens sharpening and defining the amorphous shapes into letters until suddenly we are seeing with a clear perspective.

My "20/20 moment" this year was how much the world needs Christ's message of love and hope, and how much this church is called to be a beacon of that love and hope. We prayed together, we worshiped together, we supported each other. We led food drives, initiated school supply drives, and supported various 12-step groups to meet online through Zoom. We opened our campus to new apartments and Trinity Center returned home to its new facility. If you think about it, lenses are powerful tools. They refract light so we can see things closer or further away...

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## Musical Notes

By DR. LARRY CRUMMER

In March of 2020, I was in the middle of the South Pacific Ocean. My, how the world has changed since then! And with it, so has the manner in which St. Paul's Episcopal Church conducts Sunday services, including our music and choir.

In the past, I followed a two-fold process in choosing Sunday's hymns and choir anthems. Hymns were chosen from a list of some 25 recommended by *The Episcopal Musician's Handbook*. An anthem that either further enhanced the scripture or that was appropriate to the overall theme of the Sunday or church year was then chosen. Given the complicated nature of rehearsal, recording, and compilation of one piece of music, the amount of music performed during Sunday services was reduced to one choir piece, a prelude, and a postlude.

So what process is followed now in choosing a choir anthem? Partnering with the fabulous **Deborah Webster** and **Tom Tcheng**, I most often arrange a hymn that not only serves as an anthem but also can be sung by the virtual congregation as if we were all in church together. Once a month or so, I choose one of our old "chestnut" anthems from the files, and we present that. *Lessons & Carols* proved to be a great challenge as it calls for at least nine pieces of music. This year the majority of the pieces chosen were our beloved Christmas carols.

The negative impact of the pandemic is that we are no longer together in person on Sunday mornings. But believe it or not, there's been a positive aspect!

The wonderful St. Paul's choir, which typically sings from the loft in the back of the church, has now been "thrust" forward in the online format. This means that you, the congregation, have the experience of observing and listening to the choir singing from the front of the church as if they were facing you. Many of you have expressed that as a result, the importance of music in our services has been enhanced. You've let us know how you enjoy "watching" the choir as they sing the anthem, or that you enjoy watching me play the prelude and postlude from a close-up view, thanks to the wonderful video skills of **Bill Oman**.

Even throughout the most challenging of times, the creative process will always find a way!





## What Are You Looking Forward to in 2021?



### **Geoffrey Dennis**

In 2021, I am most looking forward to:

- First – Going back to church to see friends
- Second – Traveling more
- Third – Going out to dinner in a restaurant with another couple or a group of friends
- Finally – To not having to queue outside my favorite espresso store in Walnut Creek

### **Aleena Burggrabe**

Sophia, who was recently baptized outdoors at St. Paul's, is now crawling and talking. In 2021, I am most looking forward to experiencing the world and its newness through Sophia's eyes, and to experience a better world for our family.



### **Mary-Jane Wood**

I pray for a smooth transition of the government and that we may get along together. I also pray that St. Paul's may be able to continue to operate smoothly with a sustaining budget, so that it may keep up the great job of keeping things going, and I pray for good health.

### **Hannah Trillo**

First, I am looking forward to getting back to normal and restoring a sense of normalcy. Part way through my last freshman quarter, I had to leave my dorm and return home to attend classes online. I will continue this at least for my entire sophomore year at Santa Clara University. During this time, I am growing and learning so much more now about myself, about my school choices, and about open and broad choices for my career. I am looking forward to continuing to grow, to explore new things, and to create good habits.





# The History of the St. Paul's Valentine Tea

By MARY WADDINGTON

The First Valentine Tea took place in February 2003 as a fundraiser to support the Habitat for Humanity house that the Episcopal Diocese was funding. Guests were encouraged to bring their own place settings and the food was potluck. Hats, of course, were always encouraged!

The 17th Valentine Tea took place in 2020. The current standard of decor and particularly the food, which over the years has become a set menu created by a willing team of helpers, is in large part due to the tireless work of Arline Spieler. Her famous lavender cookies are spoken of to this day. A special blend of tea is also served. The recipe is, of course, a secret known to only a few but contains a black currant infused tea. Homemade lemon curd is also quite popular with those regular attendees.

Over the years, participants have also looked forward to the raffle with its many wonderful prizes, thanks in part to the support of members of the Parish. In recent years there have been auctioned items which have included quilts and paintings and a very popular champagne tea for eight in a private home.

It has always been the committee's goal to raise funds for local Contra Costa based organizations, and over the years several lesser-known national and international charities have had the team's support.

During the pandemic, it's not certain when events, as the tea, will be allowed to resume, but rest assured there will be the 18th Tea one day, hopefully soon.



## Dates to Remember

- January 18: Martin Luther King Jr. Day (office closed)
- January 19: Vestry meeting: For monthly schedule and meeting minutes, visit [stpaulswc.org/vestry-meeting-and-minutes](http://stpaulswc.org/vestry-meeting-and-minutes).
- January 24: Annual Meeting
- February 13: Absalom Jones, the first African-American priest
- February 15: Presidents' Day (office closed)
- February 16: Vestry meeting
- February 17: Ash Wednesday
- February 24 - April 28: Online Lenten Series *Sacred Ground*, a film-based dialog series on faith and race

## Valentine Tea Memories

### Julie Layne

Planning the food for the Valentine Tea requires an artistic eye and a creative palate. The other prerequisites are the generous volunteers who are willing to make 175 pieces of whatever they are providing, and the team of sandwich makers who put together those first-course tidbits. Selections include tea sandwiches, savories, and sweets. Over the years many offerings have been family favorites, while others are more contemporary specialties such as “Mrs. Isabel Crowley’s Smoked Salmon Tea Sandwiches” which came out during the popularity of the TV series, *Downton Abbey*.



### Jim Bell

After many years of serving as a waiter at the Valentine Tea, they’ve all blended into a single event—but in a good way. It’s always a pleasure to see participants, mostly women, enjoying each other’s company, the tea, and the food. I think the reason for their enjoyment is they realize that they are helping others who are less fortunate than themselves.

### Pete Banwell

I have played background piano music at the Tea for 10, these 15 years (or maybe 17—who can remember?). I’ve thoroughly enjoyed every minute, but there was one year I especially treasure, when **Sue and Clint Phalen’s** daughters **Tina and Danielle** stopped by and sang a gorgeous duet while I accompanied. They are a fabulous duo, and although it didn’t improve the take in my tip jar, it was a wonderful experience.

*Pete is coached by grandson, Gus*



## Dinner for My Valentine

By SUSAN MORTON

It's not fancy, but this dish is yummy and easy. Mustard Chicken is a popular weeknight meal and even better cold the next day. It's one of the first things I made for my Valentine (we try to forget the kale disaster!) and remains a favorite to this day.

Preheat oven to 425 degrees

### Ingredients

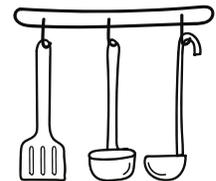
- Chicken scaloppini (thin sliced chicken breasts, pound slightly if you like)
- Mustard (I like spiced mustard)
- Bread crumbs
- Pam cooking spray

Thinly spread mustard on both sides of chicken breast (try a pastry brush, but fingers are fine), then press on bread crumbs on both sides. Place on a cooking sheet, add a little salt and pepper, then spray a little Pam on top. Cook for 15-20 minutes until chicken is done, depends on thickness. Enjoy! On day two, cut up leftovers (if any remain, that is!) and serve on your favorite salad.



## Your New Kitchen

By RICHARD KEMINK



In 2018, new regulations by the Health Department now require any food prepared and subsequently transported and served at a shelter must be prepared in a commercial kitchen. Preparing shelter meals was an important ministry of St. Paul's, so we started work to upgrade our Parish Hall facility to be a commercial kitchen, and at this time the Vestry decided to re-evaluate the scope of the project. After several months of discussion, it was decided to reduce the scope. This decision was based on two main factors.

1. We have access to the recently completed commercial kitchen in St. Paul's Commons.
2. Even with a reduced scope, we can continue using the kitchen for our internal needs, as well as supporting the Valentine Tea and Warm Winter Nights programs. The only activity we can't do in the Parish Hall kitchen is prepare food for delivery to an outside shelter, and this we can do in the St. Paul's Commons kitchen.

There are many people to thank for the completion of this years-long project. *Cont'd. on pg. 14*



## Swedish Pappar Kakor

By NANCY ADOLPHSON

If you're looking for a delicious Valentine dessert, try these popular Swedish ginger cookies (also known as Swedish Gingersnaps). They are less sweet than traditional ginger cookies with a slightly more complex flavor. They're a favorite of my daughter and son-in-law and may become one of yours, too!

Preheat oven to 375 degrees

### Ingredients

- 1 lb. butter, softened
- 3 C. sugar
- 1 Tb. baking soda
- 3 eggs
- 1/4 C. dark Karo syrup
- 6-1/2 C. flour (really!)
- 2 tsp. cinnamon
- 1 Tb. cardamom
- 2 tsp. cloves
- 2 tsp. ginger

### Roll up your sleeves and:

- Mix butter and sugar thoroughly.
- Add eggs and syrup.
- Mix soda and spices with about half the flour, then mix into the batter, a little at a time.
- Mix in enough flour to make a stiff dough.
- Roll out on lightly floured board for fancy shaped cookies. Or roll into “logs” about 1-1/2” in diameter. For holiday cookies, place a log on a 12” piece of wax paper, then sprinkle colored sugar or “sprinkles” evenly on paper. Roll log over sprinkles to embed them into log. Repeat as needed.
- Roll each log onto clear plastic wrap. Tuck ends in and refrigerate (or freeze for later use). Remove wrap and slice cookies into 3/8” slices, then arrange on cookie sheet.



**Bake** 5-7 minutes, or until slightly brown around the edges. Watch carefully because they cook quickly!

## A Valentine Dinner to Remember

By LAURA WILLIAMS

It was Valentine’s Day 1999 and our oldest daughter, Holly (8), had a plan—a romantic candlelight dinner for mom and dad. We were informed of the dress code: our fanciest formalwear!

With the help of her sisters, Rosey (5) and Taylor (4), the girls prepared and served Jerry and me like we were at the Top of the Mark at the Mark Hopkins hotel! The menu included shrimp cocktail, a Caesar salad, pasta with pesto, and garlic bread.

Twenty-two years later, the memory still warms our hearts and makes us smile.



# Church Life



## New Online Adult Education Series

Wednesdays, January 6 - February 10 | 6:30 - 8:00 pm

# The Healing Power of a Story

By JEN CROMPTON

St. Paul's Episcopal Church Seminarian

Hello again, beautiful people of St. Paul's,

I'm excited to announce a new adult education series I'm hosting that will address the healing power of a story. In this series, we will engage with a range of story-sharing mediums that include:

- Listening to each other's stories
- Seeking to recognize how God is showing up in those moments
- Exploring how we can heal division through our experiences

We will discuss how sharing our own stories about racial division, difference, God, and our lives out in the world can move us towards reconciliation, faith, community, and belonging. I have adapted this curriculum from The Episcopal Church's *Sacred Ground* and *Beloved Community* programs.

Feel free to bring a snack and your favorite tea as we gather online and engage in meaningful discussions. I look forward to seeing new and familiar faces. If you have questions, please feel free to email me at [jcrompton@ses.cdsp.edu](mailto:jcrompton@ses.cdsp.edu). Blessings to you all!

## St. Paul's Online Book Groups

Looking for good books and engaging conversations? Join our monthly afternoon and evening book groups via Zoom!

**Afternoon: Thursdays | 1:30 - 2:30 pm**

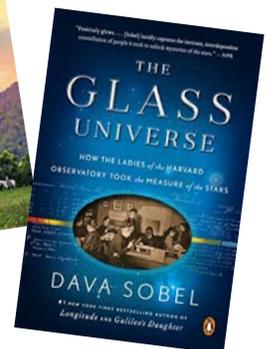
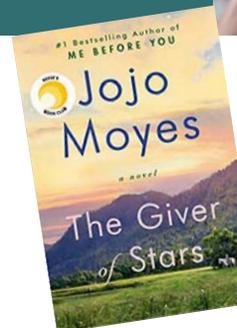
**January 14:** *The Glass Universe* by Dava Sobel

**February 11:** *The Henna Artist* by Alka Joshi

**Evening: Thursdays | 7:00 - 8:30 pm**

**January 14:** *The Giver of Stars* by Jojo Moyes

**February 11:** *The Guest List* by Lucy Folley



## Community

# A Doorway for Hope

By LESLIE GLEASON, EXECUTIVE DIRECTOR, TRINITY CENTER



In his October 1963 essay, *The Discipline of Reconciliation*, eminent theologian, author, and civil rights activist, Reverend Howard Thurman, whose life and work took him across the country from Florida, through Washington, D.C., Boston, and San Francisco, explored our longing for reconciliation within ourselves and with others, recognizing the role of love in that ongoing process. "To love is to make of one's heart a swinging door," he wrote.

Anyone who has worked in food service is familiar with the all-important swinging kitchen door, speeding along the delivery of meals and return of dishes as happy diners depart. Imagine if that door suddenly froze on its hinges. Life-giving nourishment would pile up on one side, and hungry people would languish on the other—quite an unhappy state of affairs. Closing off our hearts and minds to the movement of people, ideas, and events in our lives leaves us, and the entire world, unbalanced and in distress.

Trinity Center's mission statement, crafted in the tradition of the people of St. Paul's and other faith partners, is "To be the doorway to hope for homeless and working poor people." The love that we share makes this a swinging door, welcoming weary people inside, nourishing their bodies, hearts, and minds, and sending them gently back out with the message that they matter and they are loved. Like any loving relationship that takes time to build, it can take a while for some to trust and believe a change can happen.

As we open the door to a new year, let us keep our hearts open, the door open, and do our part, inviting others to join us, knowing that love will carry the day.

## A Note From Rev. Krista

*Cont'd from pg. 1*

...than they actually are. They also can refract light so that it can spread. In the 1820s Augustin-Jean Fresnel designed a lens that allows light to double the distance it can be seen for lighthouses, saving thousands, if not millions, of boats from dangerous shorelines.

In 2021 let us embrace the idea of being that kind of lens. I believe that if we focus ourselves on God and God's call for us, the light will be spread out into the world, and St. Paul's will find new ways to be a beacon spreading God's light and love into the world. I've always prided myself on being a practical person, a pragmatist who sees what needs to be done so that light can shine. Like any good beacon or lighthouse, we have work we need to do so that **our light can be seen for miles**. Some of that work is internal, making our light brighter, expanding pastoral care, prayer ministries, and scriptural study so that we can be fully equipped to head out into the world. Some of that work is in our infrastructure, strengthening existing partnerships, and developing new partnerships with nonprofits who need the space we can provide. Some of that work is finding ways to keep reaching out to those in need, such as supporting outreach ministries.

Do you want to learn more about the year ahead? Please join me for our **Annual Meeting on Sunday, January 24**. We will discuss our 20/20 insight and what work lies ahead to get the St. Paul's lighthouse shining brighter than ever.

## Concert Review: Arthur Omura



By DEBORAH WEBSTER



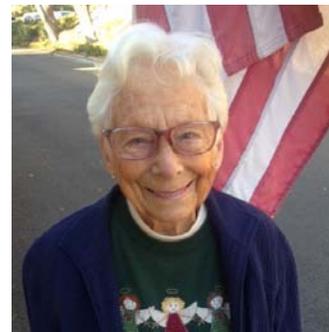
On Saturday, November 28, St. Paul's was treated to a splendid performance by **Arthur Omura** on harpsichord and organ. Mr. Omura lured us into the mood with a soft and melodic presentation of *Prelude in F Major for Harpsichord* by Louis Couperin. He then launched a full-on display of virtuosity and musicianship, playing through the *18th Order* collection by François Couperin and *Suite en re mineur (livre I)* by Jacques DuPhly. With the touch of a master on the beautiful double-keyboard harpsichord, it was a beauty for both the eyes and ears to behold!

For the second half of the concert, Mr. Omura presented early organ pieces that display the wonders and breadth of this magnificent instrument! Thank you, **Arthur Omura**, for blessing us with such a wonderful evening of music during our Thanksgiving weekend!

## How Are You Handling Stress During The Pandemic?

### Tat Welcome

I am very fortunate and content, taking refuge in my home in Rossmoor. I never tire of enjoying my beautiful view of the valley, my great neighbors who get together once a week (since April) *al fresco*, masked and distanced, to share experiences. I've received (thanks to St. Paul's volunteers) and made more phone calls, read more books, learned about Zoom, and attended St. Paul's services. I am well.



### Joyce Leveque

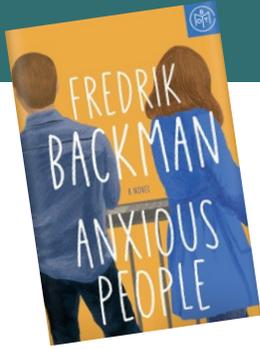
With the ongoing stress of the responsibilities of home and work brought on by the pandemic, I sometimes wonder, "Will I continue to survive this pandemic?" At a time when I was thinking, "God truly doesn't love everyone equally," there were those uncanny words of encouragement from my faith community, the church. These, and my occasional (island) rum and cokes have helped me survive and continue to brace this pandemic.



### Nancy Robinson

Two weekly walking groups help me keep connections and ease my stress during the pandemic. One of those groups has been going for 33 years. While there are some strong ties among the group, it was differing needs and skills that brought us together. Over the years we have walked each other through weight loss programs, chemotherapies, surgeries, divorces, and disappointments. And we have coffee-toasted every achievement, even those our now-grown children think we were not capable of at this age. After all, we've learned to Zoom, coordinating national *and* international time zones!





### *Anxious People*

Book Review by SHERRY MATTERN

*Anxious People* by Frederick Backman is a story about a bridge, and idiots, and a hostage drama, and an apartment viewing. But it's also a love story, several in fact.

Published in Sweden in 2019 and translated by Neil Smith, *Anxious People* seems to begin with a description of the plot. But after setting the scene in a small Swedish town on the day before New Year's Eve, the next chapter introduces a man on a bridge ten years ago. What? And what about the clues at the site where the hostages were held—the pistol shot, the blood on the floor and carpet, the child's drawing found on the stairwell, the empty apartment after the hostages were released?

The hostages include a real estate agent, a wealthy woman, an older retired couple who buy, repair, and flip homes, a bickering young couple expecting their first baby and looking for a permanent home, and an 87-year-old woman looking for an apartment for her adult daughter. There is the bank robber, two policemen (father and son), and a psychologist. Oh, and a rabbit in the bathroom. Not to mention the man on the bridge.

Each of these characters has a reason to be anxious, and Backman reveals their stories bit by bit as they interact with each other. Soon we begin to see connections and a pattern emerging that leads to a chain of events activated by the empathy and love they have developed during their unexpected, shared crisis. As one character says, "God gave us other people so we can protect each other." Another claims, "There's more love in the world than the opposite."

Backman is a columnist, blogger, and the author of *A Man Called Ove* and several other novels. His understanding of human nature makes his characters relatable, while his editorial asides on life, relationships, and some of our world's problems are recognizable to many of us. His wry, ironic humor leaves us shaking our heads and smiling knowingly. *Anxious People* offers a meaningful reminder of the importance of hope, forgiveness, human connections, and love, wherever we are in our life's journey.



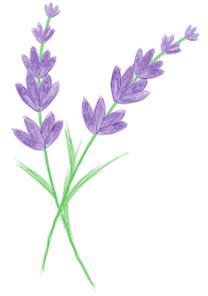
### **The Most Rev. Michael Curry Presiding Bishop of The Episcopal Church**

"Our commitment to be an inclusive church is not based on a social theory or capitulation to the ways of culture, but on our belief that the outstretched arms of Jesus on the cross are a sign of the very love of God reaching out to us all."



"Dr. King was right: we must discover love, the redemptive power of love. And when we do that, we will make of this old world a new world."

## What I'm Grateful For in This Pandemic



### Noel, Gina, and Nate Fuentes

Amidst the chaos of the pandemic, we are grateful for God's blessings of good health and safety, and for having our family together under one roof. Nate is thrilled to have gotten a work-from-home job. Noel and I are also grateful for our home, our jobs, and currently the beautiful colors of fall.

### Nancy Falkenstine

The Zoom generosity meeting held by Rev. Krista and other parishioners helped me realize what I'm grateful for. I'm grateful for the St. Paul's family and the Sunday morning online services. I am also thankful that my older son Steven and the St. Paul's volunteers have taken me to Stanford for medical care. I'm grateful for both my kids and the fact that, not only are they good company, but grocery shopping is now a team sport!



### Frank Holbrook

I'm fine, just putting one foot in front of another like everyone else. It's good to think about my blessings. I think these might be my top three. Being able to:

1. Step into a hot shower every morning
2. Purchase what I need at the grocery store
3. Go to bed at night knowing I am safe with my two dogs at my side

Simple pleasures and needs can feel so big.

### Gretchen Rothrock

I am grateful for:

- my job, not just because it's a job but because I'm working in public health with incredibly dedicated people
- my home--that I have a roof over my head
- my dog who provides companionship 24/7
- for my health, that at my age (71) I am healthy
- for my daughter, who will soon visit for a few days (and is in the photo!)
- that I can swim and find calm amidst the crazy pandemic chaos





# With Malice Toward None and Charity for All:

## Braver Angels

By EMILY HOPKINS

In June of 2020, I signed up for an online workshop titled, “Depolarizing Within” presented by **Braver Angels**. At the time, little did I know that it would resonate so strongly that I would refocus my attention from the climate crisis to another crisis: a deeply polarized nation on the brink of a critical election.

Braver Angels is a citizens’ organization working to unite “red” and “blue” Americans in an alliance to depolarize America. We try to understand the other side’s point of view, even if we don’t agree with it. We look for common ground and ways to work together. We support principles that bring us together rather than divide us.

I decided I had to join this organization and do what I could to help my community and my nation in one of the most divisive periods in our history. So, I became an ambassador and leader for **With Malice Toward None** (WMTN).

### **Understanding Malice Toward None**

WMTN is an initiative to heal America in the aftermath of the 2020 election. Religious congregations, colleges, civic organizations, and small groups of friends and neighbors are invited to organize gatherings (online or in-person) for their members during the post-election period. In these gatherings, Americans consider how they want to regard their fellow citizens who voted differently and begin building the capacity of “We the People” to forge “a more perfect union” moving into 2021.

I am proud that St. Paul’s and Grace Church Martinez jointly hosted WMTN post-election gatherings on November 15. And we are not alone! The Bay Area has several alliances of Braver Angels who offer special events online, many hosted by faith-based organizations.

When I speak to groups about Braver Angels, I feel that I am living my Christian values: all Braver Angels events are based on these core values: respect, humility, honesty, and responsible citizenship. That is how I strive for justice and peace among all people; respect the dignity of every human being; and seek and serve Christ in all persons, loving my neighbor as myself.

Braver Angels has resources for more than just political differences—although that is a major focus. Nationally and regionally you can join book discussions, skills workshops, movie screenings, and online debates with topics like race relations, police reform, and the Electoral College.

I invite you to visit [braverangels.org](https://braverangels.org) and see what’s in it for you!

# Your New Kitchen Cont'd from pg. 6

## Your Beautiful New Kitchen Includes:

- New electrical panel
- New on-demand hot water heaters
- New poured resin floor with integrated coving
- New drop ceiling incorporating the existing skylights and new LED light panels
- New wall cabinets
- New handwashing sink and faucet
- New prep sink and faucet
- New pre-wash faucet at the dishwasher sink
- New dishwasher with automatic detergent and sanitizer feeds
- New commercial refrigerator and freezer
- Added new two-station, high volume coffee maker
- Added new coffee grinder
- Double the size of the side pantries by removing old air ducts and added new shelving
- Added FRP (Fiberglass Reinforced Plastic) covering on the walls
- Painted all remaining exposed walls
- Upgraded lighting at the serving line
- Replaced/replenished cooking and cleaning equipment
- Performed required plumbing and electrical tasks to install new equipment

### Construction Crew

Pete Banwell  
Jim Bell  
Stephen Ingraham  
Ken Jessup  
Richard Kemink  
Jerry Williams

### Cleaning & Organizing

Jessica Beerbaum  
Maureen Horton  
Marion Perry  
Lisa Bell Stewart  
Ainsley Stewart  
Mary Waddington

### And You!

Thank you to the many people who supported this project through their generous donations.

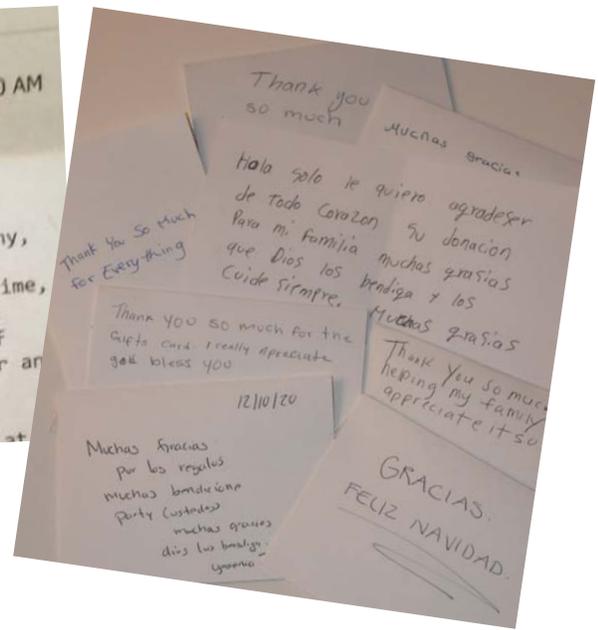
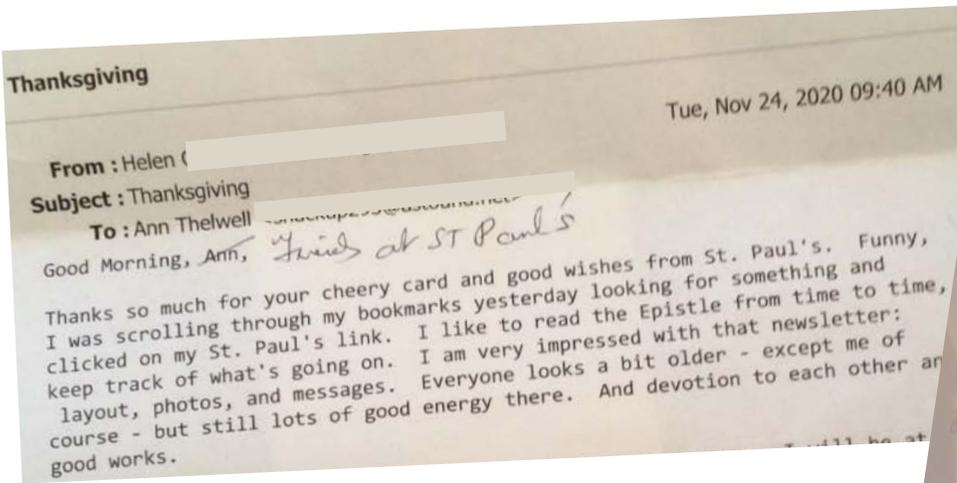
## Inspiration

### When Love is the Way

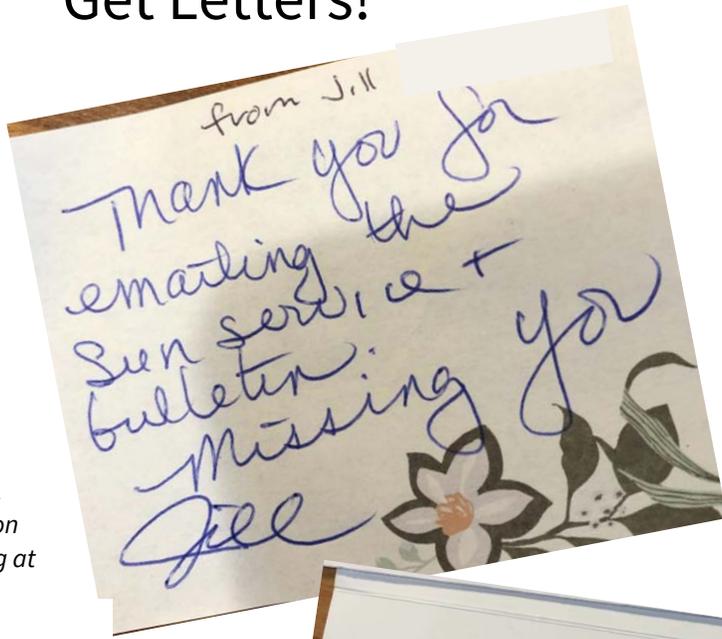
When **love** is the way,  
Poverty would become history.  
When **love** is the way,  
The earth will be a sanctuary.

When **love** is the way,  
We will lay our swords  
And shields down by the riverside  
To study war no more.  
When **love** is the way,  
There's plenty of room  
For all of God's children.

*The Most Rev. Michael Curry, Presiding Bishop of The Episcopal Church*



## Letters, We Get Letters!



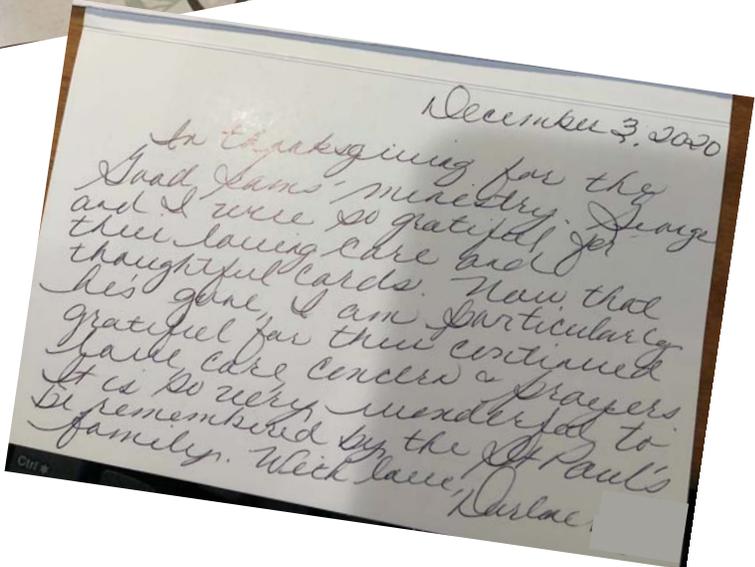
*This email came from a family, visiting from Alabama, whose son was in an accident and recovering at John Muir Hospital.*

Dear St Paul's,

Nancy and I are so very thankful to you all for taking us in and including Sullivan in the St Paul's prayer cycle as well as providing your wonderful chapel and courtyard as comfort. The strength of love and prayer are so very strong and we felt your support daily. Thank you for your graciousness and know we will always hold St Paul's Walnut Creek dear in our hearts.

May the peace if the Lord be always with you!

Jamie and Nancy



### The Epistle

**Editors:** Rhea Williams, Sheri Grosjean, Eileen Mitchell, Ned Soares. The Epistle Team wishes to thank all contributors to this issue. For article ideas and suggestions, please email [info@stpaulswc.org](mailto:info@stpaulswc.org).



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