

THE EPISTLE

ST. PAUL'S EPISCOPAL CHURCH WALNUT CREEK | LENT/EASTER 2023



A Message From The Rev. Krista Fregoso

One question on the Lilly Foundation Clergy sabbatical grant application for renewal brought me to a complete stop. *What would make my heart sing? I have no idea, and that might be part of the problem.* Thankfully, they weren't looking for a solid answer, just a pathway to get there.

I prayed, asking God for wisdom to know what parts of my spirit and body need renewal. The answer became clear, how I was living wasn't sustainable, and I needed to spend time taking care of my body. Long story short, sitting hasn't been good for my back, and my body and I were starting to see serious signs of stress.

I wanted to do something physically challenging, spiritually renewing, something that would transform my body and spirit. So I proposed completing 500 miles of England's Cathedral cycle pathway that spans 2000 miles and 42 different cathedrals.

To my delight and surprise, The Lily Foundation granted my application, and we started training! A transformation is beginning! Tom and I have been training with the Valley Spokesman almost every Saturday to prepare for our summer trip.

Lent is a time for transformation. We don't all have the Lily Foundation to help with transformation but it is God who does the true work. Lent is a time when we put forward our hearts and pray for God's restoring, renewing, and healing love. During Lent, we are called to look closely and lovingly at ourselves to see what parts of ourselves need restoration, renewal, or healing. We gently ask ourselves, what would make my heart sing?

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A Message From The Rev. Lynne Sharp



*"You must then say in the presence of the LORD your God,
'My ancestor Jacob was a wandering Aramean...'" (Deut. 26:5 NLT)*

Every year during the month of February I pray for a word to be given to me. I read all the Scripture associated with the word, read both fiction and non-fiction books, explore the etymology of the word, watch movies, and throughout the process I pray and journal with the word asking God to lead me where I am to go and grow. This year, oddly, the word came to me mid-January. As much as I pushed it away and tried to reject it, the clearer it became that this is the word. *Wandering*. Most connotations in Scripture are where we wander away from God's ways, and how we are rescued. But what popped into my mind was Abram, following where God called and led. Hmm.

As I typically invite the word in February, it quickly becomes a part of my Lenten practice which guides me throughout the year. As soon as the word came to me, so did books: *Wanderers: A History of Women Walking* by Kerri Andrews, *Wanderlust* by Rebecca Solnit, and *Between Two Kingdoms* by Suleka Jaouad, which captured my imagination, not because it contained a derivation of wander, but because it revealed what it is like to wander between earthly and Godly kingdoms.

When I hike/walk/wander my mind quickly goes to the past, replaying what I could have said or done. Releasing those thoughts, I zoom ahead to future dreams and hopes and "what ifs." After that, my heart, mind, and soul become still and breathe in the Presence. And that is when God or the Spirit appear to wander with me. I find the same calm and wisdom when I knit or when woodworking. Quiet moments. Moments that always lead to transformation.

On Sundays at 11:00 am this Lenten season we are offering "Life Transformed: The Way of Love in Lent," inviting us to explore how we can deepen our relationship with Jesus and our neighbors through the seven practices of: Turn, Pray, Learn, Bless, Rest, Worship, and Go. Won't you join me as we wander the path together?

*I wonder as I wander . . .
-(Christmas folk hymn)*



Wadi Qelt, Jerusalem

Church Life



Musical Notes

By ERIC NEWELL, DIRECTOR OF MUSIC



Dear St. Paul's community,

Lent and Easter always seem to creep up all too suddenly, don't they? But what blessings they are, and how desperately we need them to humble us and transfigure us each year.

In this season of preparation and hope for our own renewal, how can we open ourselves to be transformed, specifically through the musical offerings we lift up to God each Sunday? Three ideas have come to my mind, though I'm sure there are other great ones out there (and I invite you to imagine how else this might be possible in your spiritual life)!

First, it might seem like a steep challenge, but we must try to approach the words we sing as if it's our first time encountering those words. We will not be singing a setting of the Gloria during Lent, but take those words for example: how many times do you imagine you've sung or heard "Glory to God in the highest" in your lifetime? It might very well be over 2,500. As with anything, we are prone to become desensitized with endless repetition, but we can pray to God to have our eyes, voices and hearts made new, and meditate on why we're singing these words and ideas.

Second, the hymns we sing are often a real exercise for the brain! Whether the sung melody is tricky or the syllabic stress doesn't always make sense, it is easy for our minds to drift from the very goal of hymn singing: the meaning of the words. Part of the solution here lies in our order of worship—our staff is planning to include only lyrics in future bulletins for hymns we know well, so that we can read those lyrics as more than just words on a page and eliminate the overwhelm of musical symbols. But even for those hymns which we sing from the hymnal, more focus on what the words mean, rather than trying to sing the hymn "correctly," might result in a breath of fresh liturgical air.

Third and finally: We can ask God to reveal what in our lives we are meant to receive this week from each hymn/anthem/chant/prelude. Even music which has no poetry involved, and that in which we are not actively participating, can still prepare us for transformation or transform us in itself. Let us not only ask for music to be made new, but also to see its immediate application to our lives; and let us not limit God in planning a timeline in which we are comfortable being changed, but always be listening for His voice, waiting and ready to be transformed.

Almighty God: in this Lent and Easter, may we be renewed in singing and hearing as if for the first time, in placing greater focus on that poetry which reveals Your presence, and in listening for Your voice to constantly transform and refine us. Amen.

Best wishes for your Lenten journey, and I look forward to seeing you on Sunday,

Eric



Notes from our Seminarian

By CAL PAYNE-TAYLOR

I've always felt that I was made for the deep darkness of Lent and Holy Week. Born into an Anglo-Catholic parish in Boston, I was baptized as an infant long after midnight during the Holy Saturday Vigil in a font flanked by a roaring bonfire. I imagine the flames glittering across the baptismal waters the night my journey as a follower of Jesus began, and envision the Holy Spirit moving with the irresistible power of fire and water.

Lent has always invited me to accompany Christ in his own time of spiritual transformation, which is the Scriptural origin of the forty-day season: "Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterward he was famished." (Matthew 4:1-2). Only after his time of preparation and testing in the wilderness could Christ then begin his public ministry in Galilee and call his first disciples. Jesus needed this time to become ready to do the work the Father had given him to do. And as his disciples on earth, so do we. Lent is the time when Christians choose to join Christ on his sojourn into the wilderness of the heart, where the Holy Spirit gives us the tough love of transformation.

May this Lent be a time of fasting from what does not truly satisfy, so that we can choose instead to feast on the fruits that will last, which only the Spirit can nurture: love, joy, and peace foremost among them. Just as there is no Easter without Lent, there can be no spiritual transformation without struggle. I believe that the Holy Spirit who led Jesus Christ into the wilderness is leading us through it now, blazing the way with the animating force of Her love.

Cal Payne-Taylor (he/him) is Postulant for Holy Orders, Diocese of California
Second Year MDiv, Church Divinity School of the Pacific

Message from The Rev. Krista Fregoso

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About the Cathedral Cycle Route:

The Cathedral Route was created in 2021 in collaboration with Cycle UK, Bike UK, and the Cathedrals. Officially the route starts at England's most northerly cathedral, Newcastle, and from there winds its way around the country, taking in history and natural beauty at each leg of the journey. The full route is 1,825 miles, but it has been broken down into 42 sections between each of the cathedrals. The legs are all of differing terrain, difficulty and lengths – ranging from just 1 mile to more than 100! – so there's something for everyone. I will be riding one quarter of the route, starting in Norwich and ending in Coventry. Find out more about the route at <https://www.cyclinguk.org/cathedrals-cycle-route-challenge>

Concert Reviews

By DEBORAH WEBSTER
CONCERT SERIES PRODUCTION MANAGER



Austin & Owens—November 12, 2022

Back by popular demand, the guitar duo Travis Austin and Robert Owens performed a spectacular concert at St. Paul's this past November. The lightness, accented with perfect articulation and movement in their style, was such a joy to hear, with hooks catching your ear between their dueling solos and upbeat rhythms. Venturing from classical, flamenco, to jazz and even a few favorite rock pieces, it was an absolute delight to be in this space this evening. The music was alive! Austin and Owens, you rock!

MusAlliance Duo with Soprano Marina Tolstova—January 28, 2023

It is such a splendid treat to hear MusAlliance Duo as they graced the stage with an encore performance at St. Paul's this January. Guitarist Anna Kusner and mandolinist Peter Omelchenko played intricately, lively, and beautifully as they presented beloved favorites such as Paganini's *The Carnival of Venice*, Offenbach's *Can Can*, and Pujol's *Palermo*, and a number of their own compositions. Soprano extraordinaire Marina Tolstova joined them on stage, and we were treated to beautiful pieces such as Delibes' *Les Filles de Cadiz*, J.S. Bach's *Air on a G String*, and Deanna Dubin's *Folk Song Medley*. Then, a coup de gras, MusAlliance Duo closed the performance with the Original Dixieland Jazz Band's *Tiger Rag*. The energy and showmanship of these performers was astounding; what a fabulous performance given to us!



Church Life

New Vestry Members

Maureen Horton



I have been a member of St. Paul's since 1978. I have participated in multiple ministries in the parish; some include being a Sunday school teacher, worship committee member, usher, reader with warm winter nights, etc. I have served on our Vestry in prior years as well as our last Capital Campaign in the 1990s. I am familiar with the workings of the ministries within the church as well as the financial management oversight of the Vestry.

Watching St. Paul's Common's become a reality was awe-inspiring! Let us look forward and pave the way to new beginnings together.

Bill King

My name is Bill King, and surprising even to me is that it's been almost 30 years since my wife, Dixie and our two toddlers, Elizabeth and Jerott, found a home at St. Paul's Episcopal Church. Throughout the 1990s we especially enjoyed the current events class led by Bob Runyon. In the 2000s, weekends belonged mostly to kids' soccer and activities. Between kids' soccer and my travel for work, I began to sing with the St. Paul's choir whenever I could manage it.

St. Paul's music and liturgy have been an important channel for spiritual growth. Also, as someone who grew up with welfare and church-based assistance, our church's support for homeless and underprivileged neighbors has provided a way to pay forward the generosity and kindness I experienced as a child. Meeting and helping the families in our Warm Winter Nights program is an amazing spiritual experience. Along with Trinity Center, it epitomizes the impact St. Paul's can have both in the community and for our members. I am proud to be a member at St. Paul's and would be happy to become more involved as a member of the vestry.



Glenn Shockley



St. Paul's Episcopal Church has been my home for 37 years. My wife Peggy was a member here when we were married in the chapel by Rev. Steven McWhorter and we have been at St Paul's since then, through the easy times and the hard times.

I have served on the vestry three times under two different rectors. I was a member of the vestry that approved the go-ahead for the St. Paul's Commons Project and have been involved in a number of ministries and committees. In the early-'90s, I did a four-year EFM (Education for Ministry) class that was offered here. Bob Runyon and I ran a centering prayer group for a number of years between services. I still actively practice Center Prayer and have recently been studying Christian Contemplation and meditation.

I look forward to bringing my faith and experience to the vestry.

Church Life

New Vestry Members

Pete Smyth

Growing up in Orinda, my family attended St. Stephen's and St. Giles. When my wife Karen and I moved to Lafayette and had the opportunity to choose a church, after a brief period of "church shopping," we chose St. Paul's. in January 1972. We have been devoted members of St. Paul's. Our family has thrived with St. Paul's activities, of course including Camp, but also being part of a weekly Christian study group for 21 years. My wife and I have sung in the choir for decades and continue to this day. Where else can you participate, support the service, and have so much fun all at once?

I have been on the Vestry four different times and was fortunate to be on the Vestry when we decided to buy the Warren property [the land that St. Paul's Commons now occupies]. I have been on various committees throughout the years and have served as Senior Warden for three different rectors.

2023 looks to be an important year in our history, and I look forward to serving.



Pam Berkman



I'm Pam Berkman, and I'm so happy to have found my spiritual home at St. Paul's! I was raised Catholic (sort of) and early on knew I wanted to seek something more flexible and inclusive. While I was living in the Pasadena area in the early 2000s, a dear friend introduced me to All Saints there. The move back to the Bay Area, life changes, and the birth and raising of my now-teenage twin sons intervened. I was first inspired to think of St. Paul's as a place I wanted to be when I attended a professional group gathering in the Parish Hall and saw notices about Warm Winter Nights posted. Like many of us, during the pandemic, I felt an increased need for spiritual guidance and strength. I began to attend services via Zoom. Nowadays, I usually attend the 7:30 Sunday service in the chapel. I have extensive experience in people/department management in publishing and nonprofits, including strategic planning and handling budgets. I feel I could be of service with stewardship. And I'd like to learn even more! I'm also interested in exploring ways St. Paul's can grow outreach to families with growing children. I live in Walnut Creek with my husband and those teenage twins.

2022-2023 Vestry

Pete Smyth, Senior Warden

Susan Burpee, Junior Warden

Pam Berkman

Melanie Corry

Maureen Horton

Ken Jessup

Bill King

Glenn Shockley

Ned Soares

Faith Still Moves Mountains

by Harris Faulkner

Book reviewed by JUDITH DILLINGHAM

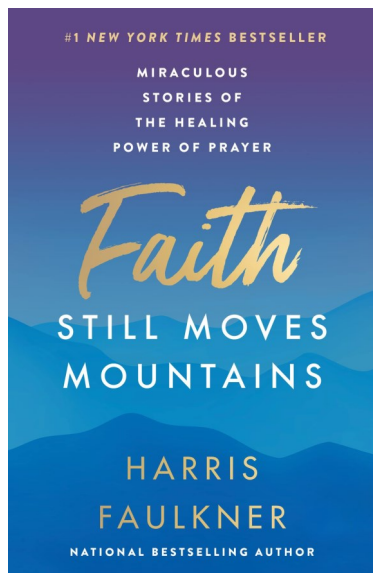
As the calendar announced Lent and Easter I checked my bookshelf for something to challenge my thoughts. There was Harris Faulkner's *Faith Still Moves Mountains*. I had bought the book several months before and hadn't opened it. As I held it in my hand a thought struck me, "Do I really believe that?" For a week the book sat on the table next to my chair. I couldn't read it until I had considered my uncomfortable question. I finally asked God, "Lord, I'm not sure what the answer is. Help me find it as I read this book." I picked it up and began to read.

This book is a series of short stories recounting prayers that have been prayed in desperation, fear, anger, and even in praise. These are stories of ordinary people, some committed Christians, some almost Christians, some unbelieving, many questioners. They run the gamut in age, from teenagers to the elderly. These are stories of desperate people, some physically, some emotionally, some in the aftermath of natural disasters. They all cry out from the abyss in which they find themselves, "God, help me." Each story begins with a scripture reference that supports the story.

It is the forms that the "help" takes that intrigued me. It was almost entirely God's hand through other people. Help came from friends, family members, the community. The help came from strangers who "happened" to be in the right place at the right time. People came to the rescue and expended time, effort, and money. They expressed awe that they had been able to provide this "help." Was it just a lucky accident or had prayer moved another mountain?

The format of the book allows the reader to read sections in any order. The stories are grouped according to general topics such as Rescue, Purpose, and Healing. In the center of the book are some prayers to use when the reader needs help beginning to pray. I enjoyed reading one of the prayers as I started my reading that day. Each of the prayers is supported by a scripture reference.

Long before I finished the book I had my original question answered. Yes, in these stories and many others, I have heard "Faith still moves mountains." I challenge you to look back at your walk of faith and thank God for the mountains He has moved for you.



Church Life

Creation Care Class: Reflections

By NANCY ROBINSON

As noted in the Episcopal Covenant, the goal of the Care for Creation class was "...to grow our love for the earth and all of life." *

When our friend Hugh misses church for an Audubon outing, he refers to worshipping in the "cathedral of the great outdoors." I think everyone who participated in the Creation Care classes facilitated by Rev. Lynne agrees with that thought. And after viewing stark films on the dangers to creatures that inhabit it, I think we viewed these creatures less as elements of that cathedral and more as fellow communicants—even ones we may not have felt friendly toward in the past, like sharks and bats.

In successive sessions, we climbed mounds of statistics at a relentless pace that matched that of climate changes and the degrading of the air we breathe, the earth beneath us, and the waters that define the boundaries of the land. We delved into where it occurs the most or the least, what causes it, and who is most responsible. We looked at biodiversity, where it is still rich and where it is protected, where it is impacted, and where attempts at restoration are being made. It caused

us to look closely at news about this in the media and become more aware.

While world leaders met at a conference to discuss ecological issues, we did the same in-house and discussed how to reduce the carbon footprint, what changes are needed, what attempts are being made locally or nationally, and the impact of those changes. We were challenged to start by finding ways to reduce the carbon footprint in our personal lives, the church community, and the greater communities until we are part of a world community. Our personal challenges are ongoing, and the possibilities for our community arose from the brainstorming discussions. One proposal has already been presented to the Vestry and is in motion. Some have yet to be presented. Stay tuned!

We have now become a dot on the map of Episcopal churches willing to review and "...adopt practical ways of reducing our climate impact and living more humbly and gently on Earth..."

*www.episcopalchurch.org/creation

Save the Date! St. Paul's 2023 Concert Series

Saturdays
at 7:00 pm



March 24	Marek Kudlicki-Organ Concert
April 22	Carlos Vargas—Solo Piano Performance
May 13	Volti—A Capella Vocal Ensemble (with Eric Newell)
June 17	Kevin Ayesh-Solo Piano Performance
August 26	DuoSF Guitar Duo
September 16	Marina Tolstova- Soprano
October 7	Dufford & Nieto- Clarinet and Piano Duo
November 18	John Wilson- Solo Piano Performance



Outreach Committee Update

By NED SOARES

Welcome to the Outreach Committee's six month anniversary. In September 2022, at Rev. Krista's suggestion, the Vestry approved this new committee to coordinate, under one umbrella, the various Outreach programs operating in our parish. Present at our initial organizational meeting, chaired by Rev. Krista, were new attendees as well as members from previous Outreach programs. New ideas and the refreshing of former programs are continuing during our regular monthly Zoom meetings on the first Tuesday of each month at 7 pm.

Starting with the most successful continuation of the Angel Tree we continued with a bountiful collection of can openers for Kitchen Kits followed by warm socks for Trinity Center.

For a change of pace, save Saturday morning, March 11, 9 am to noon to celebrate the Day of Peace. Join in to tidy up inside and out on the campus of Meadow Homes Elementary School. Some members of our parish have enjoyed ongoing connections with this school at 1731 Detroit Avenue, Concord, CA 94520.

Coming up soon we will be requesting new twin sheet sets for the Martinez and Concord shelters. Health rules require that incoming client families receive new sheets. When housing becomes available their sheets go with them.

We will also be reviving the Emergency Food Box Donation Program starting April 9, Easter Sunday, with packing of boxes on May 14, Mother's Day. As many of you recall, this is volunteer intense.

To be effective, everyone's input is not only welcome, but important. This may be to volunteer your time, talent, and treasure or to voice your comments, questions, suggestions, and requests for information. Better still join our open meetings to listen, learn, and most importantly join our discussions.

Contact: info@stpaulswc.org or the 24 hr. church office message line: (925) 934-2324.

Dates to Remember

February

22: Ash Wednesday

26: First Sunday in Lent

March

11: Day of Peace- Meadow Homes Elementary School

April—Holy Week

2: Sunday of the Passion, Palm Sunday

6: Maundy Thursday

7: Good Friday

8: Holy Saturday, Easter Vigil

9: Easter Day
Food Box Donations

Weekly Meetings

Sunday Adult Formation
Life Transformed:
The Way of Love in Lent led
by Rev. Lynne—
Feb. 19-April 12, 11:00 am,
Livingston Conference Room

Wednesday Adult
Formation: The Acts of the
Apostles led by Rev. Lynne—
on Zoom at 6:30 pm

Thursday Bible Study:
Sunday Scriptures led by Rev.
Krista— on Zoom at 3:30 pm

Monthly Meetings

Vestry: 3rd Monday,
Livingston Conference Room

Book Groups:
2nd Thursday- 1:30 pm and
7:00 pm —on Zoom

Outreach Committee: 1st
Tuesday at 7:00 pm —on
Zoom

Church Life

Shelter In Need

By ROSITA O. HARVEY

As mentioned in the December Epistle, St. Paul's Parish now has an Outreach Committee and the goal is to consider and elect ways of being generous to those most vulnerable and unprotected in our community.

One place which St Paul's has supported in the past is the Family Shelter in Martinez, CA, a residence that helps families who arrive to this location because they, for whatever reason, have lost their homes. For years before the pandemic, groups of St. Paul's volunteers gave assistance to the Martinez shelter several times a year by cooking for the resident families, socializing, and visiting with the children.

During the month of March, St. Paul's reaches out to your Christian generosity to start helping again the families residing in this shelter, this time, not in the form of food but by donating new twin size sheets and new pillow cases. The shelter uses thirty-two (32) sets of sheets every three months to give to the families. When a family arrives at the shelter, each family receives the sheets and pillow cases to keep and to take with them when they move to their new homes.

The shelter residence houses some families sometimes for about three months and provides everything that each member needs during their stay. The families also receive skills and resources which will help the adults manage their lives once they leave.

By calculation, the shelter needs at least 128 sets of new sheets a year, a large number indeed.

Your Parish, once again, needs your generosity, so we can continue with the tradition of helping those in need. The Outreach Committee's goal is to collect as many twin size sheets and new pillow cases as we can. This way, as a Christian community, we can continue supporting and sharing God's love with those less fortunate.



"The shelter residence houses some families for ... three months and provides everything that each member needs during their stay."

OUR "SPICY" ANNUAL CHILI COOKOFF WINNERS FROM THE ANNUAL MEETING

TOM FREGOSO

REV. LYNNE

PHIL WEBSTER (1 ST PLACE!)





A Steady March Forward

By LESLIE GLEASON, TRINITY CENTER DIRECTOR



As a person raised in and deeply committed to our Christian faith and community, I realize that many of the scripture stories I recall most readily are about Jesus' healing ministry. Time and again he stopped, interrupted his daily business, and tended to those in need of his loving attention. With his healing power Jesus transformed individuals and, by extension, the communities within which those people lived and struggled with disabling conditions, isolation, and hopelessness. Sometimes all we know is that the person left his side healed. But sometimes the story talks about the impact of the physical change on their overall well-being—their spiritual transformation—as they open up to a life less fettered by physical and emotional burdens and able to receive and be God's blessings in the world. Wow, it happens so easily and quickly! But it doesn't always seem to work that way in our lives, does it? Sure, there are those shining moments, those "epiphanies," but mostly our life journey and spiritual transformation is a slow, steady march forward, accompanied, if we are fortunate, by caring people around us.

Thanks to the support of St. Paul's and so many others in the community, Trinity Center is a place and a group of caring people trying every day to accompany our vulnerable neighbors on their journey toward physical well-being in service of their full emotional, social, and spiritual wholeness. We do this together, because mutuality is so important for growth. We have patience. We celebrate the small steps as well as the big accomplishments along the way. We know that sometimes a setback can be turned into a jump forward. The prayers, well-wishes, financial support, and hospitality of St. Paul's plays a big part in our services—especially throughout this season of Lent when we are operating our seasonal Evening Program to provide overnight shelter to our members during the cold (and wet!) winter months. Knowing they can count on a hot dinner and safe place to sleep each night provides a foundation for the challenging daily work of building income and seeking housing so that they have the best possible chance to welcome the Spring with more stability and hope for the future—for us, this is true transformation, and we are grateful that St. Paul's is our partner in this mutual journey

"Our life journey and spiritual transformation is a slow, steady march forward, accompanied, if we are fortunate, by caring people around us."

Valentine Tea



Inspiration

The Epistle Team asked...

"What is your heart's desire calling you to do or be in this season of transformation?"



Sheri Grosjean

At this point in my life, I long to remember daily that Jesus Christ is my rock, and to call on Him for the strength and wisdom to make decisions and say—and think—the words that reflect my gratitude for my life. I observe myself, most often after the fact, thinking and doing things that if assessed against the Light of Christ do not measure up...at all...not even close. Prayers for forgiveness come readily, but for strength and kindness in the moment...not so much. During Lent and Easter—this season of transformation—I am working to pray throughout each day so I become increasingly able to think, speak, and act with the mind and heart of Christ.

Meredy Young

When I retired almost two years ago I dreamed of doing something meaningful with my time. I spent the first year of retirement cleaning, organizing and painting every room in the house (which was desperately needed after raising three sons and five dogs). With those projects behind me, I now find myself caught up in the busyness of life (aha, maybe I'll vacuum behind the couch today)! During this season of transformation, my heart is nudging me to stop this busyness and tune into God's guidance for ways to best serve those who need me.

Transfiguration

For that one moment, in and out of time,
On that one mountain where all moments meet,
The daily veil that covers the sublime
In darkling glass fell dazzled at his feet.
There were no angels full of eyes and wings,
Just living glory full of truth and grace.
The love that dances at the heart of things
Shone out upon us from a human face.
And to that light the light in us leaped up,
We felt it quicken somewhere deep within,
A sudden blaze of long-extinguished hope
Trembled and tingled through the tender skin.
Nor can this blackened sky, this darkened scar,
Eclipse that glimpse of how things really are.

Guite, Malcolm. *Sounding the Seasons: 70 Sonnets for the Christian Year*. Canterbury Press Norwich. Kindle Edition.

Staff

Rector	The Rev. Krista Fregoso
Associate Rector	The Rev. Lynne Sharp TSSF
Seminarian	Cal Payne-Taylor
Deacon Emeritus	The Rev. Margaretmary Staller
Deacon Emeritus	The Rev. Don Adolphson
Director of Music	Eric Newell

Vestry

Pete Smyth, Senior Warden	Ken Jessup
Susan Burpee, Junior Warden	Bill King
Pam Berkman	Glenn Shockley
Melanie Corry	Ned Soares
Maureen Horton	

St. Paul's Vision Statement

At St. Paul's, as followers of Jesus Christ,
we envision a church that provides and supports
a loving community of faith: with our church, with one another, and with our world,
Where all are welcome, no matter where they are on their spiritual journey,
Where activities, events, and opportunities support
spiritual growth for people of all ages and
diversities through worship, education, and service,
Where we use our God-given talents, time and treasure
to lift the less fortunate and the vulnerable.
May we all support each other in remembering and
creating this vision, not just in the hours
we spend on campus, but during our daily lives, as we
interact with friends and neighbors,
and as we act as members of our wider communities.

The Epistle Team: Sheri Grosjean, Ned Soares, and Rhea Williams.

Please send you ideas and suggestions to epistle@stpaulswc.org . We thank all our contributors!



TIME DATED MATERIAL

PLEASE DELIVER PROMPTLY

Address correction requested

Sunday Services

7:30 am: Chapel

9:30 am: Hybrid: in
Sanctuary & live on
Facebook & YouTube

11:00 am: Joyful Noise

1924 Trinity Avenue

Walnut Creek, CA

94596

Contact us:

info@stpaulswc.org

(925-934-2324)

Enjoy past issues of
The Epistle online at
stpaulswc.org/newsletter

